

Year 7 PSHE and Citizenship

Students gain the knowledge and understanding to live in a healthy and safe way, thrive in their relationships and be prepared for a vibrant future in the wider world.

Autumn Term

What will I study?

Identity and Relationships

We start by exploring our values and what we stand for, exploring ways of support in your first few weeks. We then explore different family situations and friendships, ensuring we know how to have positive and supportive relationships.

Health and puberty

This term we explore a range of different topics and normal changes in the teenage body, ensuring we know what is normal and when to seek help. We look at different ways we can ensure we are healthy and making the best choices.

How will I be assessed?

You will respond to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

Spring Term

What will I study?

Futures

We start by exploring your skills and what you are good at and use this plan and think for the future. Once you know your skills, we start to explore what your future career might look like.

Equality and Discrimination

Within this unit we explore the Equality Act 2010, and what we can do to support people who have been discriminated against. We look at the protected characteristics, what discrimination looks like and how we can play a role in an equal society.

How will I be assessed?

You will respond to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

Summer Term

What will I study?

Being Safe

Here we explore what are risks, different types of risks including rail, road and water risks. Most importantly we learn about how to be safe and make safe choices for yourself and others.

Government and Citizenship

In our first citizenship unit we explore the basics of government and politics, understanding how the country is run, the roles of elected officials and what our platforms would look like.

How will I be assessed?

You will respond to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

Quality of Education: Our PSHE curriculum fully meets the requirements of Statutory Relationships and Sex education (RSE) and health education and is sequenced in an age-appropriate way taking into account local and national data as well as the views of our pupils and parents. The curriculum is planned with a spiral curriculum to ensure topics are revisited and developed across the student's time at the academy.

Vision: The school's PSHE curriculum is designed to empower young people to lead confident, healthy, and responsible lives as independent members of society. The intent is underpinned by a deep understanding of the school community and its contextual challenges, ensuring that PSHE provision is relevant, engaging, and responsive to the needs of all learners.

Within PSHE: the implementation of the PSHE curriculum is characterised by high-quality teaching, meaningful learning experiences, and holistic development of pupils. Teachers are skilled in delivering sensitive and age-appropriate PSHE content, promoting values such as respect, tolerance, and inclusivity.

Year 8 PSHE and Citizenship

Students gain the knowledge and understanding to live in a healthy and safe way, thrive in their relationships and be prepared for a vibrant future in the wider world.

Autumn Term

What will I study?

Law and Order

We start Year 8 by exploring the fundamentals of the law, understanding where the law comes from and how it works in practice. We look at how the law is enforced and the UK police and justice system.

Crime and Influence

Now knowing the law, we look at different crimes and what we can do to protect ourselves and others. We look at different ways people can be influenced and be aware of how this could be used with criminal groups, ensuring we stay safe.

How will I be assessed?

You will respond to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

Spring Term

What will I study?

Health, Drinks and Drugs

In this unit we explore different substances, caffeine tobacco, and alcohol and their effect on the body. We look at different ways these substances could harm the body, and what we can do to stay safe with them.

Health and First Aid

We look at a range of health issues and learn to understand warning signs and ways we can help ourselves and others. We also learn essential first aid including CPR to have basic life saving skills.

How will I be assessed?

You will respond to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

Summer Term

What will I study?

Money, Finances and Futures

You will explore many different aspects to do with money such as your money personality, budgeting and how to have a safe relationship with money. We also explore jobs in the local area and how our skills will fit with this.

Belonging and Community

We will look into what makes a good and strong community and our role in supporting these. By exploring stereotypes and biases we will aim to reduce discrimination and extremism through positive actions.

How will I be assessed?

You will respond to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

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Year 9 PSHE and Citizenship

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Autumn Term

What will I study?

Drugs and dilemmas

In this unit we explore different substances and their effect on the body, and the law around them. We look at different ways these substances could harm the body, and what we can do to stay safe with them. We also look at different pressures around illegal substances and how we can deal with these.

Democracy and Government

Having learnt the basics about democracy in Y7 and Y8, we now use this knowledge to think about different ways governments are run, and look at how democracy works here in the UK. You will learn about different roles within government and see how decisions are made.

How will I be assessed?

You will response to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

Spring Term

What will I study?

Healthy Relationships

Building on the work from Y7 and Y8, this unit uses the fundamentals of healthy relationships to apply this to sexual relations and making sure you are safe when this time comes. We will explore ways of staying sage and warnings signs to look out for.

Diversity and Equality

This unit is all about understanding your role in promoting equality, and playing a positive role in society. We explore challenges to a diverse community and how we can promote equality in our actions.

How will I be assessed?

You will response to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

Summer Term

What will I study?

Futures and Careers

With the work from Y7 and Y8 about understanding your skills, we use this to further understand your different options for the future. Looking at different education and work based options, we start to understand what might be best for your and your future.

Media Literacy

This unit is focused on how you use the media and news, and become more knowledgeable about how to spot misinformation and make your own judgements about news and events. In a growing increasingly digital world, understanding how to read the news and media successfully is important.

How will I be assessed?

You will response to different scenarios using your gained knowledge to advise people on how to be safe and healthy.

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