Action Planning

Description of the Emotionally Based School Avoidance

(e.g., current rate of attendance, patterns in non-attendance, is the school avoidance new or just emerging, has the CYP experienced similar difficulties in the past?)

Summary of Risk Factors, which will need to be targeted and reduced

Child

School

Home

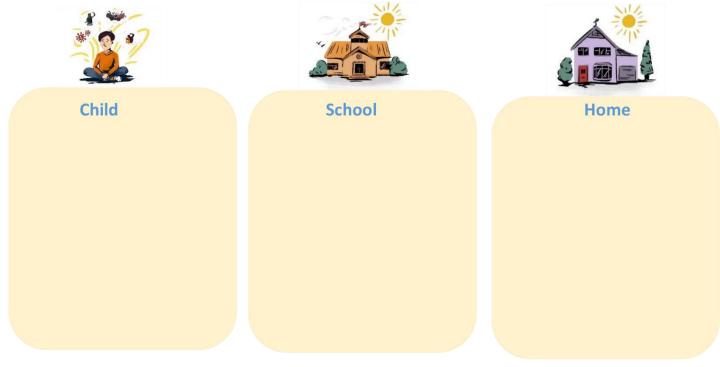## Functional Analysis – Identify Key Functions

Function 1 – To avoid situations that elicit negative affect or provoke high levels of anxiety, so avoiding school to avoid these unpleasant or uncomfortable feelings.

Function 2 – To escape aversive social situations or negative appraisals by others, so avoiding school to reduce social anxiety or social pressures.

Function 3 – To reduce separation anxiety, so avoiding school to spend time at home with a significant parent/carer or other family members.

Function 4 – To pursue rewarding experiences outside of school, so avoiding school in order to engage in pleasurable activities at home or in the community.

Action Planning

Summary of Resilience Factors, which will need to be strengthened and harnessed

Child

School

Home

Formulation & Integration

Child

School   Home

Next Steps

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