

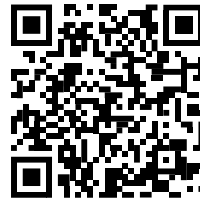
Year 7 Healthy relationships

Sources of support and further information



Anti-Bullying Alliance

Group of organisations and individuals, working together to stop bullying



CEOP

Law enforcement agency focused on protecting children and young people online



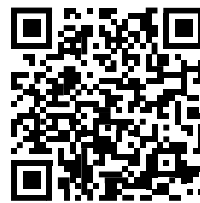
Childline

Charity offering free and confidential support via phone, email and online chat



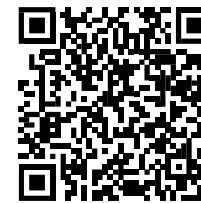
Kooth

A anonymous online wellbeing service for young people, featuring online chat support



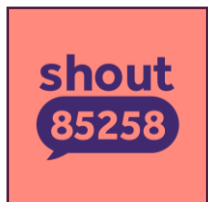
Mind

Charity offering advice and support to anyone affected by a mental health problem



Report Harmful Content

Information and links to help in reporting inappropriate content seen online



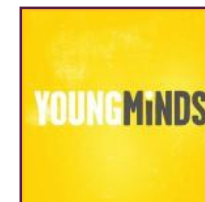
Shout

Free, confidential, anonymous text service offering support to anyone struggling to cope



The Mix

Charity supporting young people in making informed choices about their wellbeing



Young Minds

Charity working to support children and young people's mental health