

Training

Spring Term 2023

(2nd half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Training Courses and Workshops

February

Understanding ADHD	Friday 24th	10.30am
Making Sense of Wellbeing - Understanding and building resilience	Tuesday 28th	7.30pm

March

Understanding Autism in Girls	Thursday 2nd	10.30am
Understanding Sensory Processing Difficulties	Tuesday 7th	10.30am
Making Sense of Wellbeing - Key skills to improving communication	Tuesday 7th	7.30pm
Making Sense of EHC Needs Assessments and Plans	Thursday 9th	10.30am
Making Sense of Anxiety in Children (Primary age)	Tuesday 14th	10.30am
Making Sense of Universal Credit	Thursday 16th	10.30am
Making Sense of Challenging Behaviour in Adolescence	Monday 20th	7.30pm
Making Sense of Sleep (for children age 2-11 years)	Tuesday 21st	10.30am
Making Sense of Wellbeing - How to improve your mood	Tuesday 21st	7.30pm
Making Sense of Transition to Secondary School	Wednesday 29th	7.30pm
Making Sense of Personal Independence Payments (PIP)	Thursday 30th	7.30pm

Making Sense of it All Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: March 8th / 15th / 22nd (3 part course)

Wednesdays 7.30pm to 9.30pm

All training will be delivered via Zoom



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All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



www.reachingfamilies.org.uk

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