

Lesson by lesson 2021-22

	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
1	Changing schools	Energy drinks	Feeling stressed?	Too much time online?	Strengths for employment
2	This is me!	What's on the box?	Managing self-esteem	Online safety and image	Employment rights
3	Friends and family	Getting a good nights sleep	Independent study skills	Overcoming challenges	CV Writing
4	Some of your bits aint nice!	Keeping friends	Money personality	Recognising mental ill health	Financial stability
5	Oral Health	Lets end bullying	Budgeting	Options for your future	Careers Research
6	Help I'm hairy!	Healthy relationships	Relationship warning signs	Aspirations	Crime and criminality
7	Hitting puberty	CSE and Grooming	Being risky	My skills	Punishment in the UK
8	School and your future	Keeping safe	What is sexual harassment?	Advertiing your skills	Knife Crime
9	Study skills	My personality and careers	Racism	Creating a family	Cyber Crime
10	Road and rail risks	Future options	Radicalisation	Teenage pregnancy	Revision Planning
11	What is emotional health?	Gender discrimination	Attitudes towards intimacy	Dealing with loss	Revision strategies
12	Building emotional health	Homophobia	Contraception	Problems creating a family	What is sexual harassment?
13	Say no to bullying	Types of government	STIs	Choices for physical health	Relationship Problems
14	Social media safety	Democracy in the UK	STI transmission	Vaccinations and donor schemes	Contraception
15	What are human rights?	Dangers of alcohol	Pornography	Fake news?	Choices for physical health
16	What is prejudice?	Dangers of drugs	Dealing with basic injuries	Crime and criminality	Vaccinations and donor schemes
17	Being part of the community	Dangers of smoking	CPR and Defibrillators	Gangs and knife crime	Dealing with stress

Category Code	Sex and Relationships Education	Careers Education and Economic	British Values	Health & Wellbeing
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