

CURRICULUM PROGRESSION PATHWAYS SUBJECT: PE HOD: Mr A Ender 2020/21			Quality of Education: Curriculum is planned and sequenced so that new knowledge and skills build on what has been taught before and leads towards a clearly defined end point. Vision: The aim of the Physical Education curriculum at Ormiston Six Villages Academy is to inspire our students to have lifelong engagement in sport. Students will gain a thorough understanding of the benefits of a healthy, active lifestyle as well as the careers pathways on offer to them within the sports industry. Students will have the opportunity to compete and represent the academy as well as experiencing world class sport within the enrichment offer.		
KS3 5 lessons 4 Practical Lessons 1 Fitness Lesson	KS3 5 lessons 4 Practical Lessons 1 Fitness Lesson	KS3 5 lessons 4 Practical Lessons 1 Fitness Lesson	KS4 GCSE (AQA) and (Level 2) V-Cert Health and Fitness NCFE		Further Education and training, Careers
<p align="center">Yr7</p> <p align="center">Knowledge & Skills:</p> <p align="center">Knowledge and Application of fundamental skills.</p> <p>Sporting activities:</p> <ul style="list-style-type: none"> - Football - Rugby - Netball - Badminton - Gymnastics - Cricket - Rounders - Softball - Athletics - Basketball - Fitness 	<p align="center">Yr8</p> <p align="center">Knowledge & Skills:</p> <p align="center">Development of complex skills and thought processes.</p> <p>Sporting activities:</p> <ul style="list-style-type: none"> -Football -Rugby -Netball -Badminton -Dance -Cricket -Rounders -Softball -Athletics -Handball -Fitness 	<p align="center">Yr9</p> <p align="center">Knowledge & Skills:</p> <p align="center">Application and evaluation of tactical and technical skills in more challenging situations.</p> <p>Sporting activities:</p> <ul style="list-style-type: none"> -Football -Rugby -Netball -Badminton -Volleyball -Table Tennis -Cricket -Rounders -Softball -Athletics -Handball -Fitness 	<p align="center">Year 10:</p> <p>GCSE Theory Content:</p> <ul style="list-style-type: none"> - Autumn: Applied anatomy and physiology, Health fitness and wellbeing - Spring: Sports psychology - Summer: Physical training and use of data <p>V-Cert Health and Fitness Content:</p> <ul style="list-style-type: none"> - Autumn and Spring: Unit 1, Introduction to body systems and principles of training in health and fitness. - Spring and Summer: Preparing and planning for health and fitness. <p>Sports Covered (see AQA + NCFE spec)</p> <p>Football, Netball, Badminton, Athletics Handball, Table Tennis, Volleyball. Rock Climbing.</p>	<p align="center">Year 11:</p> <p>GCSE Theory Content:</p> <ul style="list-style-type: none"> - Autumn: Sports psychology and movement analysis - Autumn and Spring: Coursework - Spring: Social cultural issues - Summer: Exam practice and revision. <p>V-Cert Health and Fitness Content</p> <ul style="list-style-type: none"> - Autumn: Preparing and planning for health and fitness - Spring: Completion of Unit 2 - Preparing and planning for health and fitness. <p>Sports Covered (see AQA + NCFE spec)</p> <p>Football, Netball, Badminton, Athletics Handball, Table Tennis, Volleyball, Rock Climbing.</p>	<p>Level 3 Applied Generals in:</p> <ul style="list-style-type: none"> - Sport Studies - Sport and Physical Activity - Sports Performance and Excellence - Sport and Exercise Science. <p>Level 3 Technical Levels in:</p> <ul style="list-style-type: none"> - Sport and Physical Activity - Personal Training - Personal Training and Behaviour Change - Fitness Services - Exercise Science and Personal Training - Personal Training for Health, Fitness and Performance - Physical Activity and Exercise Science - A Level in Physical Education and Sport.